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Home treatment: Good successes with psychiatric diseases in children & adolescents through home trea

Austrian Institute for Health Technology Assessment (AIHTA) publishes study on international experience and provides recommendations for Austria

By: *AIHTA*

VIENNA - Jan. 21, 2021 - PRLog -- The treatment of psychiatric diseases of children and adolescents in their own homes (home treatment) is used successfully internationally and could also be established in Austria if important recommendations are taken into account. These are the core statements of a recently published study by the Austrian Institute for Health Technology Assessment (AIHTA). In this study, 6 international models from 4 countries for such a home-based form of therapy were evaluated which showed clear advantages, especially in the psychosocial field. For an implementation of such a form of treatment in Austria, the AIHTA recommends the coordination with existing therapy offers, the qualification of necessary personnel as well as a necessary resource planning.

Many children and adolescents in Austria are mentally ill, but few are treated adequately: More than one third of 10 to 18 year olds suffer from mental illnesses at some point in their youth, but only for half of them the age-appropriate treatment capacities are available. The treatment of affected persons in their own homes by appropriately qualified persons offers a possibility to relieve treatment resources and to achieve equivalent or even better success. The Austrian Institute for Health Technology Assessment (AIHTA) has analysed the international evidence and now published the results in a recent study.

Austrian Institute for Health Technology Assessment

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